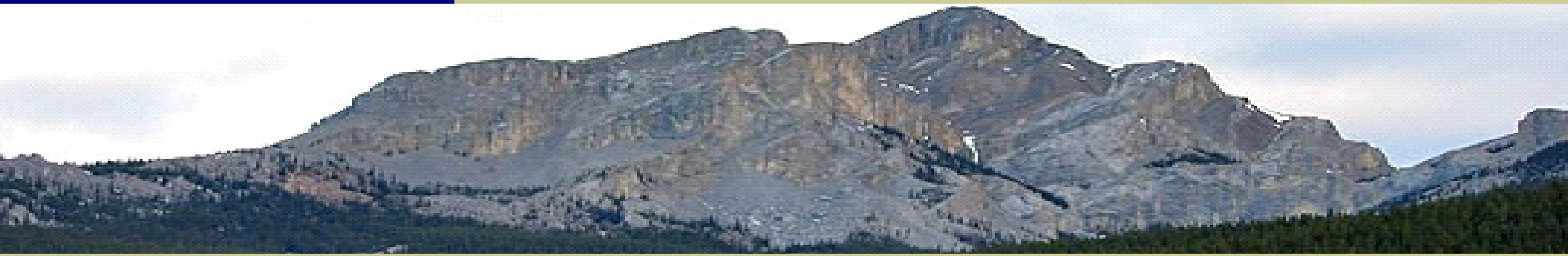


Camp Valaqua Hike-a-Thon 2009



Black Rock Mountain June 6th, 2009

5.5 Km to the summit

***9:00 am-9:45 am Registration/9:45 am hike
start***

4:00 pm Hot Dog Roast and Awards

Register as a hiker or sponsor a hiker!

Raise \$1000 and win a \$100 MEC gift certificate

Plus t-shirts, door prizes, gift certificates, and more!

Funds for this year's Hike-a-Thon go towards our Capital Projects Fund

Pick up a registration form or for more details.

Forms are available by emailing valaqua@xplornet.com,

At your church, by calling 403-637-2510 or visit us at [www.](http://www.campvalaqua.com)

[campvalaqua.com](http://www.campvalaqua.com)

*Camp Valaqua
Box 339
Water Valley AB
T0M 2E0*